

hello AUTUMN

When you walk out the door on that cool autumn day everything is a bit clearer. For many New Englanders this is the “*favorite time of year*”!

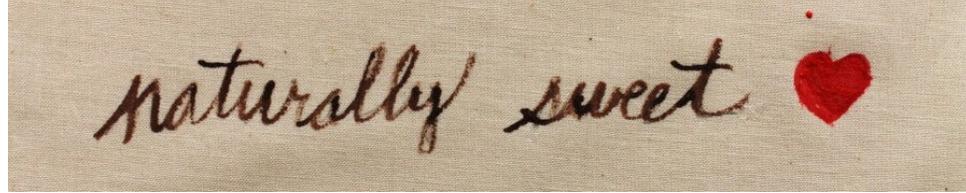
The heaviness of the summer humidity is gone. The air is crisp and clear. Leaves are beginning to display Nature’s beauty with their gold, orange, reds and bronze colors. Autumn in New England! You cannot help but be grateful that you live here.

The sunny autumn days still can find many walking the beach. The water temp has dropped but there are still many refreshing days to take that hearty stroll along the shore.

Fall baseball, soccer, football training and games. A great time of year to be active with the kids. There is no better time of the year for riding horses than fall in Massachusetts!! The days are perfect for jogging and 5K races, county fairs and, of course Halloween Trick or Treating and Thanksgiving with family and friends!



“I would rather sit on a pumpkin, and have it all to myself, than be crowded on a velvet cushion.”
~ Henry David Thoreau ~



Harvest time for the local fruits of apples, cranberries and pumpkins. A day at your favorite orchard with friends a family, horse drawn hay ride to the field for choosing the pumpkins! Apple cider at the farm stand....a fun-filled autumn day.



Apples !

Local orchards are full of fruits for The picking! Make a day of family fun!



Pumpkins !

The fields and farm stands are crowded with so many pumpkins of all sizes! Choose one, two or three to take home.



Cranberries !

The cranberries are floating for harvest. Take a ride to any bog to see where your juice originates.



Apple pies, apple cider, apple crisp, caramel apples, pumpkin pies, pumpkin muffins, cranberry sauce and juice, cranberry-apple pies, cranberry breads, jack-o-lanterns. All from the good earth of New England.



REFLECTIONS

REFLECTIONS



There are moments we find ourselves reflecting upon things of the past and those circumstances that brought us through this journey. For many of us we may think that it should have been simpler, not so difficult, not so hurtful. But as you take some time to reflect you know life's events also proved you to be strong and someone who can pick themselves up to move on.

Plymouth Area Coalition is here to help those in need of shelter and some good direction to improve your life and that of your family. We are here to give you that hand up.

In addition to a warm, temporary shelter, the Coalition also offers time management, budgeting & finance, training in independent living, case management and parenting education groups.

AND....new this year...GO TO NEXT PAGE!



“Sometimes in life, we become so focused on the finish line that we fail to find joy in the journey.”
~ Author Unknown ~



GED



Classes

Plymouth Area Coalition, in collaboration with Catholic Charities will be holding GED classes for the community at the Coalition located at 149 Bishop's Highway, Rt. 80, Kingston, MA.

If you did not have the opportunity to finish high school and now realize the importance of having a high school diploma, we are here to help you earn your diploma. The Coalition is honored to work with the Catholic Charities in this capacity.

Perhaps you have come to the realization that without a high school diploma, many opportunities are not available to you. History shows us that those who complete high school have better lasting economic outcomes than those who have dropped out of school. A high school diploma is often the first requirement for many major opportunities in your adult life, including all branches of the military now require a GED or high school diploma.

Are you a parent of school-age children who are coming home with class assignments that require some assistance. This has often become an important incentive to many adults who choose to take the GED classes. You can create another inspiration for your children by showing them that you do understand the importance of an education and wish to show them it is never too late to get your diploma.



Perhaps life's circumstances now finds you over 50 years old and still no diploma. IT IS NEVER TOO LATE! Studying for your diploma through GED classes is for anyone who was not able to finish their high school education, now matter what the reason! For more information call us at 781/582-2010.

"An investment in knowledge pays the best interest." ~ Benjamin Franklin



H A P P Y *Thanksgiving*

The Plymouth Area Coalition does not want one person or family to go without a Thanksgiving holiday meal. Each individual or family who is in need of assistance with Thanksgiving Day dinner is welcome to obtain an application at our Food Pantry for a Thanksgiving holiday meal.

We want to make certain you are able to provide a meal for your family and/or friends. From turkeys to pie ingredients, cranberry sauce to vegetables, our baskets are to help those in need.

For information please call **781-582-2010**.



Many organizations, companies and individuals donate each year to the Coalition, helping to feed those in need with a **Thanksgiving Meal Food Basket** which includes a turkey and food staples or gift cards for Stop & Shop and Shaw's supermarkets.

As in previous years, we are accepting donations of \$10 gift cards to Shaw's or Stop & Shop markets to provide low income families with holiday turkeys. For information please call **781-582-2010**.

You can deliver gift cards to Plymouth Area Coalition at 149 Bishops Highway, Kingston, MA 02364 or mail to the same address.

The Plymouth Area Coalition also provides Christmas holiday meals for those in need. You can get more information by calling the Coalition to inquire about the Children's' Holiday Fund.

Each year there are hundreds of people enjoying Thanksgiving meals thanks to the generosity of individuals and corporations donating to the **Thanksgiving Meal Food Basket** through the Coalition.

2015 Children's Holiday Fund



The 2015 Children's Holiday Fund is underway. You can help to make this a wonderful holiday through our Children's Holiday Fund.

The Coalition helps those in need who have had financial difficulty or a change in family dynamics. The Children's Holiday Fund provides assistance with gifts for children under the age of 18 years in the communities of Carver, Halifax, Kingston, Plymouth and Plympton.

The success of this program is funded through the generosity of individuals and Organizations. Civic groups, school activity clubs, individual social groups and families can adopt a child or children for the holidays. Many of the large and small businesses from far and wide and, in the communities that we service, graciously sponsor families.

If you would like to sponsor a child call 781-582-2010. Our Children's Holiday Fund Coordinator will match you with a child or children for whom you can make the holiday one to remember!

If you are in need of assistance call our Holiday Fund line at 781-585-0006. Follow the instructions by leaving a message and an application will be sent to you for gift assistance and a holiday meal.

Unable to shop? Donate to the Children's Holiday Fund and the staff of Coalition Elves will purchase clothing and toys for a child's wish list. However you and/or your group choose to participate, this is an excellent way to assure children of needy families have a wonderful holiday.

Celebrate the holidays in a new way and make a difference for one child, one family.





If you have been inspired to volunteer but are not sure how to go about it, feel free to contact Ariel Martinez, Volunteer Program Coordinator at the Plymouth Area Coalition!

Ariel would love to hear from you. Often volunteering becomes a family project which becomes a great learning experience for the kids to get involved in the community by giving back and helping others who are in need. We have families who volunteer weekly or monthly. Many groups and organizations return each year for the Children's Holiday fund helping in Santa's Workshop.

The Coalition is always looking for volunteers! Email Ariel amartinez@plymouthareacoalition.org or call the Coalition for more information at 781-582-2010 for more information



I can't fix all the world's problems.
But I will do what I can, to make a
difference where I can.

*"Never doubt that a small group of thoughtful, committed people can change the world.
Indeed, it is the only thing that ever has."*

~ Margaret Mead ~

The Plymouth Area Coalition Newsletters are created and designed by Brenda Everson-Shaw. You can connect with Brenda at her web site: www.brendaeverson.com